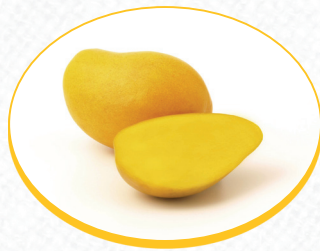




# MEET THE MANGOS

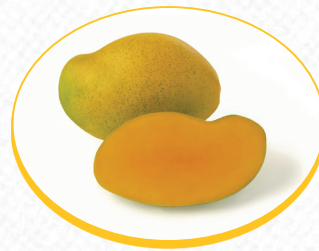
Learn more about six mango varieties most commonly found in the U.S.

## HONEY



**Flavor:** Sweet and creamy  
**Texture:** Smooth, firm flesh with no fibers  
**Color:** Vibrant yellow  
**Ripening Cues:** Skin turns to a deep golden color and small wrinkles appear when fully ripe. Squeeze gently to judge ripeness.  
**Peak Availability:** March to July  
**Country of Origin:** Mexico

## FRANCIS



**Flavor:** Rich, spicy, and sweet  
**Texture:** Soft, juicy flesh with fibers  
**Color:** Bright yellow skin with green overtones  
**Ripening Cues:** Green overtones diminish and the yellow becomes more golden as the Francis ripens. Squeeze gently to judge ripeness.  
**Peak Availability:** May to July  
**Country of Origin:** Haiti

## HADEN



**Flavor:** Rich, with aromatic overtones  
**Texture:** Firm flesh due to fine fibers  
**Color:** Bright red with green and yellow overtones and small white dots  
**Ripening Cues:** Green areas of the mango turn to yellow as it ripens. Squeeze gently to judge ripeness.  
**Peak Availability:** April and May  
**Country of Origin:** Mexico

## KEITT



**Flavor:** Sweet and fruity  
**Texture:** Firm, juicy flesh with limited fibers  
**Color:** Dark to medium green, sometimes with a pink blush over a small portion of the mango  
**Ripening Cues:** Skin stays green even when ripe. Squeeze gently to judge ripeness.  
**Peak Availability:** August and September  
**Country of Origin:** Mexico, United States

## KENT



**Flavor:** Sweet and rich  
**Texture:** Juicy, tender flesh with limited fibers  
**Color:** Dark green and often has a dark red blush over a small portion of the mango  
**Ripening Cues:** Kents have yellow undertones or dots that cover more of the mango as it ripens. Squeeze gently to judge ripeness.  
**Peak Availability:** January to March and June to August  
**Country of Origin:** Mexico, Ecuador, Peru

## TOMMY ATKINS



**Flavor:** Mild and sweet  
**Texture:** Firm flesh due to fibers throughout  
**Color:** A dark red blush often covers much of the fruit with green and orange-yellow accents  
**Ripening Cues:** This mango may not provide any visual cues. Squeeze gently to judge ripeness.  
**Peak Availability:** March to July and October to January  
**Country of Origin:** Mexico, Guatemala, Brazil, Ecuador, Peru





# 1 CUP MANGO =

