



National Mango Board Lesson Plan

Lesson Plan:

- Show mango to the class, "What is this fruit?" (Ten minutes)
 - See what students know about mangos
 - Pass around the mango
 - Ask students to describe the mango, based on the five senses
 - Teach about vitamin A, vitamin C, and fiber
 - Mango selection and cutting demonstration (possible samples)

Break up class into groups of five (groups of 3-5 students)

- Teach Mango Geography Map (Five minutes)
 - Volunteers from each group to read sections of the map
- Mango Geography Quiz (Ten minutes)
 - First team to fill in countries and questions correctly wins a prize
 - Review answers
- Teach Mango Facts (Five minutes)
 - Volunteers from each group to read sections of the map
- Mango Quiz (Ten minutes)
 - First team to complete the quiz with the correct answers wins a prize
 - Review answers

Take home packet:

- Parent Letter
- Word Search
- Crossword
- Coloring Sheet