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## **SLAM DUNK RECIPES MAKE MANGOS THE MVP FOR MARCH MANGO MADNESS**

*Tip-Off with an Impressive Line-Up of Easy-To-Make Mango Recipes*

**Orlando, Fla. (January 23, 2009)** – It's time to box out boring game-time food and put sweet, tropical mangos as the star in your game day menu for your upcoming college basketball parties or as the National Mango Board likes to call it, March *Mango* Madness. Give yourself the home court advantage this basketball season by having the best starting line-up of delicious mango recipes in your playbook.

College basketball fans will go mad for mangos with this dream team of recipes that will take you all the way through the national championship game. The National Mango Board created a roster of recipes featuring the world's most popular fruit to help you make great game-time decisions in your kitchen, and since mangos are available year-round, you can create these delicious dishes for all your favorite sporting events!

**Mango and Bacon Barbecue Pizza** is a sweet appetizer that will send your party out of bounds...in a good way. Sweet, tangy barbecue sauce, Italian cheese, crisp bacon, colorful green onions and bright, fresh mango top this personal-sized pizza, making it the perfect warm-up for your game-watching party.

**Pulled Pork Sandwiches with Mango Barbecue Sauce and Sweet Mango Slaw** is an elite entree that will satisfy an entire team of sports enthusiasts. Homemade mango barbecue sauce stars with fresh jalapeno for a kick of heat in this tender pork sandwich. Served with a festive and sweet mango slaw, mangos double team this entrée for twice the taste.

**Sweet Caramel Mango Nachos** help you celebrate sweet victory in the final games of the tournament. Crisp baked tortillas are topped with a warm caramel sauce and fresh diced mango with a dollop of homemade cinnamon whipped cream, a perfect assist to conquer your sweet tooth.

**Mango Michelada** is not your standard game day libation. Watch the national championship game with a cool, refreshing beer mixed with smooth mango puree, lime juice and salt for a delightful Mexican beverage with a twist. You may just be begging for overtime!

Since mangos are an excellent source of vitamins A and C and a good source of dietary fiber, they definitely score three points in delivering a host of nutrients. Beat the shot clock and draft this all-star team of recipes before the tournament is over by visiting [www.mango.org](http://www.mango.org) where you'll also find great tips on [how to cut a mango](#) too.

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**About National Mango Board**

The National Mango Board is a national promotion and research organization, which is supported by assessments from both domestic and imported mangos. The board was designed to drive awareness and consumption of fresh mangos in the U.S. Mangos are an excellent source of vitamins A and C, a good source of fiber and an amazing source of tropical flavor.

Mango consumption per capita has quadrupled since 1990 to an estimated 2.2 pounds per year in 2007. Mango import volume for 2007 was 661 million pounds, 3 percent more than 2006 and 15 percent more than 2005. According to Consumer Research commissioned by the National Mango Board, 35% of U.S. customers purchased mangos within the past 6 months. Learn more at [www.mango.org](http://www.mango.org).