MEET THE MANGOS

Mang

Learn more about six mango varieties most commonly found in the U.S.



Flavor: Sweet and creamy Texture: Smooth, firm flesh with no fibers Color: Vibrant yellow Ripening Cues: Skin turns to a deep golden color and small wrinkles appear when fully ripe. Squeeze gently to judge ripeness. Peak Availability: March to July Country of Origin: Mexico



Flavor: Rich, spicy, and sweet Texture: Soft, juicy flesh with fibers Color: Bright yellow skin with green overtones

Ripening Cues: Green overtones diminish and the yellow becomes more golden as the Francis ripens. Squeeze gently to judge ripeness. **Peak Availability:** May to July **Country of Origin:** Haiti



Flavor: Rich, with aromatic overtones Texture: Firm flesh due to fine fibers Color: Bright red with green and yellow overtones and small white dots Ripening Cues: Green areas of the mango turn to yellow as it ripens. Squeeze gently to judge ripeness. Peak Availability: April and May Country of Origin: Mexico



Flavor: Sweet and fruity Texture: Firm, juicy flesh with limited fibers Color: Dark to medium green, sometimes with a pink blush over a small portion of the mango Ripening Cues: Skin stays green even when ripe. Squeeze gently to judge ripeness. Peak Availability: August and September Country of Origin: Mexico, United States



Flavor: Sweet and rich Texture: Juicy, tender flesh with limited fibers Color: Dark green and often has a dark red blush over a small portion of the mango Ripening Cues: Kents have yellow

undertones or dots that cover more of the mango as it ripens. Squeeze gently to judge ripeness.

Peak Availability: January to March and June to August **Country of Origin:** Mexico,

Ecuador, Peru



Flavor: Mild and sweet Texture: Firm flesh due to fibers throughout Color: A dark red blush often covers much of the fruit with green and orangeyellow accents

Ripening Cues: This mango may not provide any visual cues. Squeeze gently to judge ripeness.

Peak Availability: March to July and October to January Country of Origin: Mexico, Guatemala, Brazil, Ecuador, Peru

